## Curriculum Vitae

# GLYNIS REINA ABLON, M.D., F.A.A.D.

Associate Clinical Professor U.C.L.A.

Ablon Skin Institute and Research Center
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### **PERSONAL:**

Birthplace: Los Angeles, CA.

Board Certified in Dermatology Oct. 1996 Fellowship Oculoplastic Surgery 1999

## **EMPLOYMENT: Dermatology and Cosmetic Surgery**

Ablon Skin Institute and Research Center: MB Studios 1600 Rosecrans, 4B, MB, CA. Aug 2001 to present

Associate, Little Co. of Mary: 1010 N. Sepulveda; Manhattan Bch, CA. 90266. April 1997-2003

Associate, Laser Institute: 2001 Santa Monica Bd. #490W, Santa Monica, CA. 90405. June '99 to July '01

Associate, Beverly Hills Med. Mgt.: 8641 Wilshire Blvd; B.H. CA. 90211. Sept 1996 to March 1997

### **HOSPITAL AND TEACHING PRIVILEGES:**

UCLA- VA: Associate Clinical Professor Little Company of Mary: Courtesy staff

### **EDUCATION:**

Fellowship Oculoplastic surgery, Sinsky Eye Institute, 2222 Santa Monica Blvd. #107, Santa Monica, CA 90404. July 1999 to Dec. 1999, Dr Guy Massry (310) 657-4302

Residency: Dermatology at Baylor College of Medicine, One Baylor Plaza, Houston, Tx. 77030 (713)798-4951. July 1993 to July 1996

Internship: Internal Medicine at Cedars Sinai Medical Center, 8700 Beverly Blvd. West Hollywood, CA 90048. (310) 423-3277. July 1992 to July 1993

Medical School: The George Washington University, 2121 I Street NW, Washington, D.C. 20052. (202) 994-1000. Aug. '88 to May '92, M.D degree

Undergraduate: Pomona College, The Claremont Colleges, Claremont, CA. (909) 621-8000. September 1984 to May 1988 Bachelor of Arts (French Literature), Cum laude.

High School: Westlake School for Girls, Beverly Hills, CA. September 1978 to June 1984. Cum Laude with departmental honors in Mathematics and French, Dean's Honor List.

#### **COSMETIC SURGERY CERTIFICATIONS:**

Laser certification: Sharplan Silktouch/Feathertouch Carbon laser (CO2), Tru-pulse CO2 laser,

Coherent Ultrapulse CO2, Versapulse, and Diode lasers, Erbium Yag laser, Photoderm ESC, Candela Gentlelase hair removal laser, Q-switched Ruby, Vasculight, Sciton(Nd-Yag), Titan, Thermage, E-Matrix, Velashape, Endermology, Pulsed Dye Laser, Zeltiq, Zerona, Tripolar, Endymed, Venus Viva, ThermiRF, ThermiVA

Residency laser training: Candela dye laser, Q-Switch Yag laser, Continuous wave CO2 laser. Photoderm Liposuction surgery certification: liposuction and ultrasound-assisted liposuction, lipotransfer, Bodyjet Residency training: sclerotherapy, collagen/fillers injections, scar revisions, botulinum toxin

### **RESEARCH:**

- 2016: 1. A Phase 3 Multi-Center, Randomized, Double-Blind, Vehicle-Controlled, 2-Arm, Parallel Group Comparison Study Comparing the Efficacy and Safety of IDP-121 and IDP-121 Vehicle Lotion in the Treatment of Acne Vulgaris. Valeant, Ablon et al
  - 2. Silouette Instalift study. Ablon, Lorenc, Mandy, Nestor, in progress
  - 3. A Single Blind, Safety and Efficacy of EclipsePRP in Male and Female Subjects with Androgenic Alopecia, EclipseMed. Ablon, DiBernardo et al in progress
  - 4. Open label, single center, evaluating the effectiveness of an automated microneedling device in improving the signs of aging. Ablon. In progress
- Clinical Evaluation of the Performance of Fractional Radiofrequency for Improvement of Skin Texture Via Skin Resurfacing, Multi-Center Site Study, Ablon et al
  - 2.A Multi-Center, Randomized, Double-Blinded, Placebo-Controlled Study Evaluating the Safety and Efficacy of LIPO-202 for the Reduction of Central Abdominal Bulging Due to Subcutaneous Fat in Non-Obese Subjects, Ablon et al
  - 3. A Multi-Center, Randomized, Double-Blinded, Placebo-Controlled Study Evaluating the Safety and Efficacy of LIPO-202 for the Reduction of Central Abdominal Bulging Due to Subcutaneous Fat in Obese Subjects, Ablon et al
- 4. Evaluation of Cellulation Acne Masks with a PRN roll-on treatment in subjects with mild to moderate acne, Ablon, Gold & Werschler in progress
- 2014: 1. A 6 month Double-Blind Placebo Controlled Clinical Trial for Men's Self Perceived Hair Loss Using Viviscal Extra-Strength Formulation, Ablon
- 2013: 1. A 3-month, Randomized, Double-Blind Placebo-Controlled Study Evaluating the Ability of a New Viviscal Extra-Strength Formulation to Promote Hair Growth and Decrease Shedding in Women with Self-perceived Thinning Hair, Ablon
  - 2. Multicenter Study of Viviscal Professional Strength Oral Supplement in Females with Self-Perceived Thinning Hair, Ablon, Dayan submitted for publication
  - 3. Open Label, Non-randomized, Multicenter, Prospective Trial for ReGenica Post Procedure Pot Marketing Study, Ablon et al
- 2012: 1. A Double-Blind, Placebo-Controlled Clinical Study to Evaluate the Efficacy of Viviscal Professional Strength Oral Supplement in Females with Self-Perceived Thinning Hair, Ablon
- 2011: 1. A Randomized Double Blind, Vehicle Controlled Pilot Study to Assess the Efficacy of 3.5 % Benzoyl Peroxide Formulated in a Novel Delivery System in the Treatment of Moderate to Severe Acne Vulgaris, Nestor and Ablon, in progress
  - 2.A Randomized Double Blind, Vehicle Controlled Pilot Study to Assess the Efficacy of 2% Hydroquinone Formulated in a Novel Nano Technology Delivery System in the Treatment of Moderate to Severe Melasma, Nestor and Ablon, in progress
- 2010: 1. A Multisite Clinical Study Designed to Assess and Document a New Fat Harvesting and Autologous Fat Grafting Procedure, Nestor and Ablon, in progress
  - 2. A Randomized Double Blind, Vehicle Controlled Pilot Study to Assess the Efficacy of 21/2 % Benzoyl Peroxide Formulated in a Novel Delivery System in the Treatment of Moderate to Severe Acne Vulgaris, Nestor and Ablon, in progress
  - 3. A Randomized Double-Blind, Vehicle-Controlled Pilot Study to Assess the Efficacy of Topically Applied OnabotulinumtoxinA (Botox), AbobotulinumtoxinA (Dysport) and RimabotulinumtoxinB (Myobloc) in the Treatment of Hyperhidrosis Using a Novel Transdermal Delivery System, Nestor and Ablon, submitted for publication

- 4. A Randomized, Double-Blind, Clinical Study Designed to Assess the Onset, Efficacy and Safety of AbobotulinumtoxinA (Dysport), versus OnabotulinumtoxinA (Botox) in the Treatment of Dynamic Rhytids of the Frontalis (Individual Subject Contralateral Injection Sites) Utilizing the Objectve Frrontalis Activity Measurement Standard, Nestor and Ablon.
- 2009: 1. Evaluation of the Efficacy and Tolerance of Transdermal CL1 versus Non-CL1 in the appearanc of photodamaged skin, Nestor and Ablon , submitted for publication
  - 2. Use of Topical Lidocaine Nano Technology Delivery System to Reduce Patient Discomfort Associated with Dermal Filler Injections, Nestor and Ablon submitted
  - 3. The Use of a Novel Contact Cooling Device to Reduce Pain and Eccymosis Associated with Dermal Filler Injections, Nestor and Ablon.
  - 4. Novel Topical Rosacea Treatment. Nestor and Ablon
- 2008: 1. A Double-Blinded, Randomized Clinical Evaluation of the Efficacy of Tested Sunscreens in Maintaining the Depigmenting Benefits of Laser and Light Treatments on Melasma Patients, Nestor and Ablon, submitted for publication
- 2005: 1. The Treatment of Submental Fat Pads with Phosphatidylcholine, Ablon in progress
- 2004: 1. Deoxycholate Injections for the Treatment of Lipomas. Rotunda, and Ablon
- 2003: 1. Phosphatidylcholine injections for lower lid fat pads, Ablon
- 2000: 1. The Pumpkin Peel (chemical masque). Glynis Ablon and Lawrence Moy in progress
- 1999: 1. Treatment of Darier's Disease with Pulsed CO2 laser. G. Ablon, Nicolas Lowe
- 1997: 1. Non-melanoma skin cancers and suspicious pigmented lesion: Skin cancer screening and evaluation of 600 California lifeguards. G. Ablon, M.D., Paul Silka M.D., John Kim in progress.
- 1996: 1. Vancomycin induced linear IgA dermatoses, a case report. G.Ablon, S.Lambert, and S Bruce.
  - 2. Sarcoidosis: literature review and retrospective study of treatment modalities. Ablon, Rosen
  - 3. Generalized Actinic Comedonal Plaques: a Case report and new treatment option. Glynis Ablon, and Ted Rosen, work in progress
- 1. A Multi-center, Single-Blind Clinic Trail to determine the Efficacy of Dermagraft, a Living Dermal Replacement, in Treatment of Full-thickness chronic Venous Insufficiency Ulcers. Study completed in cooperation with Advanced Tissue Sciences, Inc.. Ablon, Bruce, & Wolf.
   2. A Randomized Multi-Center Trail Comparing the Safety and Efficacy of Telio-Derm with Saline control in Patients with Venous Leg Ulcers. Ablon and Rosen..
  - 3. Optical Fiber Spectrometer Measurements on Skin: Detecting Vessel Depths. Glynis Ablon, Steve Jaques, Ph.D., and Ted Rosen, M.D., work in progress.
- 1992: 1. Research and clinical dermatology elective. Hospital Saint-Louis, with Dr. Antoine Puissant and Dr. Patrice Morel, Paris, France, publications pending (one has since been published).
- 1991: 1. Progesterone Induced Autoimmune Dermatitis. Glynis Ablon and C. Myrie-Williams M.D.,
   2. Clinical Serological Evidence of Ovarian Hyperandrogenism in Diabetic Females. Glynis Ablon and Dr. Ratner GWU Dept. of Endocrinology. Work continues.
  - 3. Hirsutism Variations Among Ethnic Populations. Glynis Ablon, and Dr. Ratner, Manuscript revisions, expand patient population, under publishers request.
- 1987: 1. Genetics Research. Advisor Larry Cohen, Ph.D. Pomona College Dept. of Genetics; RNA isolation for cloning and sequencing of the kiwi enzyme actinidin.
  - 2. Determination of maturation stages of papaya for papain enzyme isolation through the technique of dot blots, southern blot, and affinity columns. Work still in progress by lab.

### **Publications:**

- 1. Ablon G, Dayan S: Multicenter Extension Study of Viviscal Professional Strength Oral Supplement in Females with Self-Percieved Thinning Hair, *JCAD* Dec 2015
- 2. Ablon, Glynis. What's Stressing Your Face. Basic Health Publications, Sept 2015.
- 3. Ablon. A 3-Month, Randomized, Double-Blind, Placebo-Controlled Study Evaluating the Ability of an Extra-Strength Marine Protein Supplement to Promote Hair Growth and Decrease Shedding in Women with Self-Perceived Thinning Hair, *Dermatology Research and Practice*. April 2015
- 4. Ablon. Brief Overview of Viviscal Supplements for Hair Loss. *Practical Dermatology*, July 2013
- 5. Ablon. A Double Blind Placebo-controlled Study Evaluating the Efficacy of an Oral Supplement *Journal of Clin and Aesthetic Derm*, Nov 2012, Vol 5 (11): 28-34

- Nestor, Ablon. Comparing the Clinical Attributes of AbobotulinumtoxinA and OnabotulinumtoxinA Utilizing a Novel Contralateral Frontalis Model and the Frontalis Activity Measurement Standard. Journal of Drugs and Dermatology, Oct 2011, Vol 10(10): 1148-1157
- 7. Nestor, Ablon. Duration of Action of Abobotulinumtoxin A and Onabotulinumtoxin A: A Randoimized, Double Blind Study Using a Contralateral Frontalis Model. *Journal of Aesthetic and Cosmetic Dermatology*, Sept 2011, Vol. 4(9): 43-49.
- 8. Nestor, Ablon. The Frontalis Activity Measurement Standard: A Novel Contralateral Method for Assessing Botulinum Neurotoxin Type-A Activity. *Journal of Drugs in Dermatology*. Sept 2011, Vol 10 (9): 968-972
- Ablon, G, Nestor, M: Minimum Recovery Procedures, In: <u>Aesthetic Rejuvenation Challenges and Solutions: A World Perspective</u>, Eds; Carniol, PJ, Monheit, G, London, 2009
- 10. Natural Solutions, November 2010 issue "Diabetic Skin Concerns," Ablon
- Nestor, Ablon, Collins. A Double-Blind Vehicle-Controlled Trial to Investigate the Efficacy and Tolerance of Transdermal CL1 (Restylane) Versus Non-CL1 (Non-Cross-Linked HA) in the Appearance of Photodamaged Skin. Submitted for publication 2010
- Nestor, Ablon. The use of a Novel Contact Cooling Device to Reduce Pain and Ecchymosis Associated with Dermal Filler Injections, *Journal of Clin and Aesthetic Derm* March 2010, Vol., No.3: 29-34.
- 13. Glynis Ablon. Combination 830nm and 633nm LED phototherapy shows promise in the treatment of recalcitrant psoriasis: preliminary findings. Journal of Photomed and Laser, vol 28,1,Feb 2010. Glynis Ablon. Dissolving the Double Chin. Journal of Dermatol Surgery, submitted for public.
- 14. Glynis Ablon: The Pocket Mentor: Rx for Starting Your Own Successful Medical Practice,, published 7/06
- 15. A. Rotunda, Glynis Ablon, M. Kolodney. Lipomas Treated with Subcutaneous Deoxycholate Injections. *Journal of the American Academy of Dermatology*. Dec. 2005, 53(6): 973-978
- Glynis Ablon, A. Rotunda. Phosphatidylcholine Injections for Lower Lid Fat Pads. *Journal of Dermatologic Surgery* March 2004, 30(3): 422-427
- Glynis Ablon, T. Rosen. Cutaneous Herpesvirus Infection Update: Part 1. Consultant. Aug. 1997, 37 (8): 2021-2042.
- 18. Glynis Ablon, T. Rosen. Cutaneous Herpesvirus Infection Update: Part 2 and 3. *Consultant*. Sept. 1997, 37 (9): 2443-2455, 2459-2463.
- 19. Glynis Ablon. Sun Damage and Sunscreen. Goodnews Health and Fitness. Summer 1997: 20.
- 20. Glynis Ablon and Ted Rosen. Cutaneous Signs of Systemic Disease: A Guide to Gleaming Diagnostic Clues from the Skin. *Consultant*. Apr. 1994, 34 (4): 495-512.
- 21. Glynis Ablon and Ted Rosen. Bacterial Skin Infections: Diagnostic Clues and Treatment Choices. *Consultant*, Nov. 1994, 34 (11): 1525-1542.
- 22. Glynis Ablon and Ted Rosen. Protozoan Skin Infections: The World Traveler and the Unwanted. Companion. *Consultant*. Apr. 1995, 35 (4): 461-468.
- 23. G. Ablon and Ted Rosen. A Comparative Study of Three New Topical Antifungal Medications *International Journal of Dermatology*, July 1996.
- 24. C. Lebbe, M. Rybojad, G. Ablon, P. Morel, Extensive Human Papilloma Virus Related Disease (Bowenoid Papulosis, Bowen's Disease, and Squamous Cell Carcinoma) in a Pt with Hairy Cell Leukemia: Clinical and Immunology Evaluation after an Interferon-alpha Trial. *Journal Amer Acad Dermatol*. Oct. 1993, 29 (4): 644-646.
- 25. G. Ablon, T. Rosen. Travel-Related Helminthic Skin Infections. Consultant. May '95, 35(3): 631-9
- 26. G. Ablon, C. Myrie-Williams, Necrobiosis Lipoidica: A Novel Treatment Approach. Submitted
- 27. C. Lebbe, G. Ablon, et al. Dermatomyositits and Cyanoacrylate Exposure. Submitted
- 28. C. Lebbe, G. Ablon, et al. Thalidomide for the Treatment of Apthous Ulcers in HIV. Submitted

#### MAGAZINE AND NEWSPAPER PUBLICATIONS:

- 1. Elle Magazine, Hair loss, 2015
- 2. Woman's Day Journal, Hair loss, 2014
- 3. Japanese Magazine, Sciton Laser. Sep 2014
- 4. Wallstreet Journal, September 3,2013, "Melafind"
- 5. Orange County Register, June 2013, "Melafind"
- VIV Magazine, online, summer 2013
- 7. Shape Magazine June 2010: "Cellulite"

- 8. Allure Magazine, 2009: "Nanotechnology Research"
- 9. Prevention Magazine: 2007 "Cellulite"
- 10. LA Times, 2006: "Economic Times Impact on Cosmetic Surgery"
- 11. LA Times, 2004:" STD's"

### PRESENTATIONS/ TELEVISION APPEARANCES:

- KCAL 9, The Doctors Show: "What's Stressing Your Face," 4/16
- South Beach Symposium, Florida: "Treating the Hair Challenged Pt" 2/16
- 3. South Beach Symposium, Florida: "Low Level Light Lasers" 2/16
- South Beach Symposium, Florida: "Fractional RF with Microneedling" 2/16
- South Beach Symposium, Florida: "Injectable RF" 2/16
- South Beach Symposium, Florida: "Vaginal Rejuvenation" 2/16
- South Beach Symposium, Florida: "What's New in Aesthetic Devices" 2/15
- South Beach Symposium, Florida: "PRP and Microneedling" 2/15 The World Hair Congress, Miami: "All Natural Hair Supplementation," 11/15
- 10. The Aesthetic Show, Newport Beach: "The Magic of Microneedling," 11/15
- 11. The Aesthetic Show, Newport Beach: "Viviscal," 11/15
- 12. AON Women's Network, LA,CA:"What's Stressing Your Face?" 10/15
- 13. Women's Wellness Conference, Torrance, CA: "What's Stressing Your Face?" 10/15
- 14. The Aesthetic Show, Nevada: "Subdermal RF," 7/15
- 15. The Aesthetic Show, Nevada: "Hair Restoration," 7/15
- 16. The Aesthetic Show, Nevada: "Microneedling workshop," 7/15
- 17. The Aesthetic Show, Nevada: "Thermi RF workshop," 7/15
- 18. Vegas Cosmetic Surgery, Nevada: "Top 10 Melasma," 6/15
- 19. Vegas Cosmetic Surgery, Nevada: "What's on my bathroom counter," 6/15

- 19. Vegas Cosmetic Surgery, Nevada: "What's on my bathroom counter, 6/15
  20. Vegas Cosmetic Surgery, Nevada: "Creating the Perfect Lip," 6/15
  21. South Beach Symposium, Florida: "Hair Supplements" 2/15
  22. South Beach Symposium, Florida: "Advances in Lipolysis and Liposuction," 2/15
- 23. South Beach Symposium, Florida: "Cellulite" 2/15
- 24. KCAL 9, The Doctors Show: "New Treatments for Acne," 11/14
- 25. American Society of Cosmetic Physicians, AZ: "Prevention and Treatment of Non-surgical Complications," 10/14
- 26. American Society of Cosmetic Physicians, AZ: "New Treatment Option for Melasma," 10/14
- 27. KCAL 9, The Doctors Show: "Neotensil," 10/14
- 28. KCAL 9, The Doctors Show: "Lasers for Hidradentits," 914
- 29. Aesthetic Show, Las Vegas, NV:" Hair Loss Treatmetn," 7/14
- 30. Aesthetic Show, Las Vegas, NV: "Workshop Hair Loss," 7/14
- 31. KCAL 9, *The Doctors Show*: "Hidradentits and Acne Conglobata," 4/14 32. KCAL 9, *The Doctors Show*: "Tattoo," 4/14
- 33. KCAL 9, The Doctors Show: "Scar Treatments," 3/14
- 34. ABC, Extra: "Forever Young BBL," 3/14
- 35. South Beach Symposium, Florida: "Nanotechnology Delivery System," 2/14
- 36. South Beach Symposium, Fl.: "Novel Skin Therapy Cytokines," 2/14
- 37. South Beach Symposium, Fl.: "Dermatology Bread and Butter," 2/14
- 38. South Beach Symposium, Fl.: ":Innovations in Fat Removal," 2/14
- 39. CBS 2, Doctors Show, "Boots," 10/13
- 40. CBS 2, Doctors Show, "Boots," 9/13
- 41. CBS 2, Entertainment Tonight, "Boots," 8/13
- 42. BellaSugar.com, Internet Site: "What to Expect at a Skin Cancer Screening," 7/13
- 43. Aesthetic Show, Las Vegas: "Hair Supplements," 5/1344. NBC 4, *Nightly News 5pm*, "Melafind," 5/13
- 45. World Congress Hair Restoration, Edinburgh, Scotland: "Supplements for Hair Thinning," 5/13
- 46. CBS 2, The Doctors Show: "Skin Secrets," 4/13
- 47. CBS 2, The Talk: "Skin Care," 4/13
- 48. CBS 2, The Doctors Show: "Skin Care Chest," 4/13

- 49. South Beach Symposium, Florida: "Nanotechnology Delivery System," 4/13
- 50. South Beach Symposium, Fl.: "Hair Supplements," 4/13
- 51. South Beach Symposium, Fl.: "Dermatology Bread and Butter," 4/13
- 52. South Beach Symposium, Fl.: ":Innovations in Liposuction and Fat Transplant," 4/13
- 53. CBS 2, *The Doctors Show:* "Melasma," 3/13 54. CBS 2, *The Doctors Show:* "Boots," 2/13
- 55. CBS 2, The Doctors Show: "Melafind," 11/12
- 56. CBS 2, The Doctors Show: "Nail Disorders," 11/12
- 57. CBS 2, The Doctors Show: "Underarm Rashes," 11/12
- 58. UCLA Grand Rounds, "Opening a Medical Practice, "9/12
- 59. ABC, Extra: "Boots Skin Care," 6/12
- 60. CBS 2, The Doctors Show: "Boots and Cysts," 5/12
- 61. CBS 2, The Doctors Show: "Diet and your skin," 4/12
- 62. CBS 2, The Doctors Show: "Visia photography and skin care," 3/12
- 63. CBS 2, The Doctors Show: "Toenail Fungus Laser" 3/12
- 64. South Beach Symposium, Florida: "Nanotechnology Delivery System," 2/12

- 65. South Beach Symposium, Fl.: "Dermatology Bread and Butter," 2/12
  66. South Beach Symposium, Fl.: "Hair Supplements," 2/12
  67. South Beach Symposium, Fl.: "Session Director: Fat, Cellulite and Body Sculpting," 2/12
  68. South Beach Symposium, Fl.: "Innovations in Liposucion and Fat Transplant," 2/12
  69. South Beach Symposium, Fl.: "Innovations in Liposucion and Fat Transplant," 2/12
- 69. South Beach Symposium, Fl.: "Injectable Fat Lipolysis," 2/12
- 70. CBS 2, The Doctors Show: "4 Skin Problems You Should Know About," 2/12
- 71. KCAL 9, News at 2:00pm: "Hair supplements," 1/12
- 72. CBS 2, The Doctors Show: "Bugs and Scalp Diseases," 1/12
- 73. CBS 2, The Doctors Show: "Nail Diseases," 1/12
- 74. CBS 2, The Doctors Show: "Gross Anatomy," 12/11
- 75. Aesthetic Show, Las Vegas: "Topical Hyaluronic Acid with InParT Delivery," 6/11
- 76. Aesthetic Show, Las Vegas: "Revale Skin Care New Products," 6/1177. Aesthetic Show, Las Vegas: "Water Assisted Liposuction and Transfer," 6/11
- 78. World Congress of Dermatology, Korea: "Topical Hyaluronic Acid with INParT Delivery," 5/11 79. World Congress of Dermatology, Korea: "Topical Lidocaine with InParT Delivery," 5/11
- 80. KCAL 9, The Doctors Show: "Accessory Nipples," 5/11
- 81. KCAL 9, The Doctors Show: "Dangerous Skin Lesions," 2/11
- 82. KCAL 9, The Doctors Show: "Skin Care for All Ethnic Skin Types," 10/10
- 83. KCAL 9, The Doctors Show: "Zeltiq Coolscultpting" 10/10
- 84. KCAL 9, The Doctors Show: "Mole Mapping, and Skin Care," 9/10
- 85. PBS, Channel Beauty: "Diary of a Wrinkle," TBD
- 86. CBS, Entertainment Tonight: "Skin Care," 6/10
- 87. KCAL 9, The Doctors Show: "Treatment of Cellulite with Velashape," 4/10

- 88. Amer Academy of Derm, Fl.: "Comparison of Botulinum Toxins," 3,10
  89. KCAL 9, *The Doctors Show*: "Topical Transdermal Delivery System," 2/10
  90. South Beach Symposium, Fl.: "Nanotechnology for Topical Lidocaine" 1/10
  91. South Beach Symposium, Fl.: "New Cooling Device Study Artek," 1/10
- 92. South Beach Symposium, F.: "Nanotechnology for New Topical Restylane," 1/10
- 93. Amer Society for Derm Surgery, Century City, CA: "Avoiding & Treating Complications," 12/09
- 94. Amer Society for Derm Surgery, Century City, CA: ," The Future of Fillers and Toxins," 12/09
- 95. 5 Continent Congress, Nice, Cote d'Azur: "Update on Mesotherapy." 9/09
- 96. 5 Continent Congress, Nice, Cote d'Azur: "The Perfect Lip." 9/09
- 97. Florida Derm Society, Boca Raton, FL.: "Principles and Practice of the Perfect Lip," 5/09
- 98. Florida Derm Society, Boca Raton, FL.: "Sciton ProFraction," 5/09
- 99. South Beach Symposium, Fl.: "Mesotherapy: is there science behind it?" 2/09
- 100. South Beach Symposium, Fl.: "Principles and Practice of the Perfect Lip," 2/09
- 101. South Beach Symposium, Fl.: "Ten Tips to Avoid Tanking in this Economy," 2/09
- 102. Oxygen Network, "Her Domain: LED Technology," 03/09
- 103. International Society of Derm Surgery, Las Vegas, NV.: "LED Phototherapy," 10/08
- 104. The Aesthetic Show, Las Vegas, NV.: "Shedding Light on Omnilux," 5/08
- 105. Florida Derm Society, Boca Raton, Fl.: "Travel Guide to a Successful Practice," 5/08
- 106. Florida Derm Society, Boca Raton, Fl.: "Periorbital Rejuvenation," 5/08

- 107. Florida Derm Society, Boca Raton, Fl.: "Mesotherapy Update," 5/08
- 108. Florida Derm Society, Boca Raton, Fl.: "Botulinum Toxin Complications," 5/08
- 109.IMCAS, Paris, France: "LED Science and Treatments," 1/08
- 110. The Aesthetic Show, Las Vegas, NV.: "LED Science and Treatments," 5/07
- 111. Grand Rounds LCMHospital, Torrance, CA.: "Cosmetic and Medical Dermatology Update," 2/07
- 112. Canadian Television, Insight Video: "Mesotherapy" episode, 2/07
- 113. Prevention Magazine Video: "Cellulite and Its Treatment" 12/06
- 114. Amer Soc for Derm Surgery Annual Mtg, Palm Des, CA.: "Phosphatidylcholine Update," 10/06
- 115. American Acad of Dermatology Annual Mtg, San Diego, CA.: "Lower Lid Rejuvenation" 7/06
- 116. Amer Society for Derm Surgery Annual Mtg, Atlanta, GA.: "Phosphatidylcholine Update," 10/05
- 117. Women's Wellness Conference, Torrance, CA.: "Less is More," 3/05
- 118. Amer Acad of Dermatology Annual Mtg, New Orleans, LA.: "Botulinum Toxin Update," 2/05
- 119. Internatl Meso-Lipotherapy Conf, L.V., NV.: "Phosphatidylcholine: Dissolving the Myth," 1/05
- 120.Internatl Meso-Lipotherapy Conf Scottsdale, AZ.: "Phosphatidylcholine: Dissolving the Myth," 9/04
- 121. Pacific Dermatology Association: *Annual Meeting Newport Bch*, "How to open a practice Successful Practice", 8/15/04
- 122. ABC: Life of Luxury, Thermaphoto and Hand Rejuvenation, 11/04
- 123 Lifetime Television: Speaking of Women's Health, Laser treatments of scars and birthmarks 9/04
- 124. Skin Disease Ed Foundation: *Cosmetic Dermatology Seminar, Florida* "Phosphatidylcholine: Dissolving the Myth," 5/15/04
- 125.E! Entertainment/ Style Channel: Fountain of Youth. Glynis Ablon, 4/03
- 126.E! Entertainment /Style Channel: Stripped. Glynis Ablon, 3/03
- 127. Lifetime Television: Speaking of Women's Health, Skin cancer update, 10/02
- 128. Fox Television: The Rob Nelson Show, Botox., 9/16/02
- 129.E! Entertainment/ Style channel: Glow, 4/25/02
- 130.CBS Television: Woman2Woman Laser Leg Vein Treatment, 8/22/01
- 131.CBS Television: Woman2Woman Blu-U, 5/15/01
- 132.CBS Television: Woman2Woman Botox, 5/2/01
- 133.CBS Television: Woman2Woman Laser Tone Facial, 2/7/01
- 134.CBS Television: Woman2Woman Pumpkin Peel, 12/5/00
- 135.CBS Television: Woman2Woman Laser Hair Removal, 11/1/00
- 136. Fox Television Fit TV: Fit Resort & Spa Skin Care with Dr. Glynis Ablon, 1/29/99
- 137.E! Entertainment Television: Skin. Glynis Ablon, 11/98
- 138. South Bay Optometric Society CME: Dermatology around the Eyes by Glynis Ablon, 11/1/98
- 139 Paris, France, French Academy of Dermatology annual meeting: A Comparative study of three new topical antifungal agents. Glynis Ablon, M.D., and Ted Rosen, M.D., 12/95

## POSTER PRESENTATIONS

- Efficacy of an Oral Supplement in Females with Self-Perceived Thinning Hair: Double-Blind, Placebo-Controlled Clinical Study Ablon, accepted for poster presentation World Congress Edinburgh, Scotland 5/13
- 2. Efficacy of an Oral Supplement in Females with Self-Perceived Thinning Hair: Double-Blind, Placebo-Controlled Clinical Study Ablon, accepted for poster presentation IMCAS, Paris, France 1/13.
- 3. Efficacy of an Oral Supplement in Females with Self-Perceived Thinning Hair: Double-Blind, Placebo-Controlled Clinical Study Ablon, ASDS, Chicago, IL 10/12
- A Double-Blind, Placebo-Controlled Clinical Study to Evaluate the Efficacy of Viviscal Professional Strength Oral Supplement in Females with Self-Perceived Thinning Hair, Ablon, South Beach Symposium, Miami, Florida 2/12
- 5. A Randomized Double-Blind, Vehicle-Controlled Pilot Study to Assess the Efficacy of Topically Applied OnabotulinumtoxinA (Botox), AbobotulinumtoxinA (Dysport) and RimabotulinumtoxinB (Myobloc) in the Treatment of Hyperhidrosis Using a Novel Transdermal Delivery System, Nestor and Ablon, South Beach Symposium, Miami, Florida 2/12
- 6. A Randomized, Double-Blind, Clinical Study Designed to Assess the Onset, Efficacy and Safety of AbobotulinumtoxinA (Dysport), versus OnabotulinumtoxinA (Botox) in the Treatment of Dynamic Rhytids of the Frontalis (Individual Subject Contralateral Injection Sites) Utilizing the

- Objective Friontalis Activity Measurement Standard, Nestor and Ablon, South Beach Symposium, Miami, Florida 2/12
- 7. Evaluation of the Efficacy and Tolerance of Transdermal (cross-linked and non cross-linked hyaluronic acid) in the Treatment of Photodamaged Skin, Nestor, Ablon, South Beach Symposium, Miami, Florida 2/12
- 8. A Randomized Double-Blind, Vehicle-Controlled Pilot Study to Assess the Efficacy of Topically Applied OnabotulinumtoxinA (Botox), AbobotulinumtoxinA (Dysport) and RimabotulinumtoxinB (Myobloc) in the Treatment of Hyperhidrosis Using a Novel Transdermal Delivery System, Nestor and Ablon, World Congress of Dermatology Seoul, Korea 5/11
- 9. A Randomized, Double-Blind, Clinical Study Designed to Assess the Onset, Efficacy and Safety of AbobotulinumtoxinA (Dysport), versus OnabotulinumtoxinA (Botox) in the Treatment of Dynamic Rhytids of the Frontalis (Individual Subject Contralateral Injection Sites) Utilizing the Objectve Frrontalis Activity Measurement Standard, Nestor and Ablon. World Congress of Dermatology, Seoul, Korea 5/11
- Evaluation of the Efficacy and Tolerance of Transdermal (cross-linked and non cross-linked hyaluronic acid) in the Treatment of Photodamaged Skin, Nestor, Ablon, World Congress of Dermatology, Seoul, Korea 5/11
- A Comparative study of three new topical antifungal agents. Glynis Ablon, M.D., and Ted Rosen, M.D., World Congress Paris, France 12/95

## HONORS, AWARDS, ADVISORY BOARDS:

Sinclair US Strategic Leadership Council

Almiral Advisory Board

Aclaris Advisory Board

Leo Pharmaceutical Advisory Board

Almoral Advisory Board

Metametrix Advisory Board

Erchonia Advisory Board

Pollenium Advisory Board

Allergan Advisory Board

Galderma Advisory Board, certified trainer

Neothetics Advisory Board

Bayer Advisory Board

Thermiesthetics Advisory Board

IMCAS Research Award Jan 2010 for Botulinum Toxin Study

Voted "Top Dermatologists in California," C Magazine 2006

Kane-King-Dodek Honor Society

Walter F. Rosenberg Award in Dermatology

Huron W Lawson Award in Obstetrics and Gynecology

# **EXTRACURRICULAR SOCIETY and ADVISORY BOARD ACTIVITIES:**

Journal of Clinical and Aesthetic Dermatology, Editorial board 2015-present

Sinclair Advisory Board 2015-present

President's Association Board of San Diego Zoo 2015

Bayer Advisory Board 2014-present

Neothetics Advisory Board 2014-present

Galederma Advisory Board 2013-present

Journal of Experimental Pathology, editorial board 2012-present

Dermatologic Surgery Journal Reviewer 2012-present

Photomedicine and Laser Surgery Journal Reviewer 2012-present

Skin Cancer Screening Volunteer ASDS and Skin Cancer Foundation 2005-present

Volunteer Sturg-Weber Foundation 2011-present

Volunteer physician IraqStar 2009-present

Skin Cancer Foundation, member and volunteer 2005- present

American Society of Dermatologic Surgery 2003-present

Pacific Dermatologic Society, member 1999-2009

American Assoc. for Sexually Transmitted Dz, member 1999-present, STD Task Force 1995-1996

Los Angeles Youth Network charity 1998-2006

Los Angeles Metropolitan Dermatologic Society, member 1998-present

Academy of Lipo-Suction Surgery, fellow 1997-present

American Academy of Dermatology, fellow 1993-present

American Society for Laser Medicine and Surgery, Inc, fellow 1995-present

Women's Dermatology Society, 1995-present

Medical Director Skin Cancer Screening, Medical Institute Little Co. of Mary, 2000-present

Women's water Polo team, Pomona College 1984-1988

## **HOBBIES AND INTERESTS:**

Dance instructor and choreographer, speed jump-roping, karate, horseback riding, water-skiing, travel, French, scuba diving, and boxing. Teaching, lecturing, and charity work.

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