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EMSculpt Neo Consent

You are scheduled for a series of non-invasive treatments with the Emsculpt Neo®. This device is intended for non-invasive lipolysis (breakdown of fat) of the abdomen and thighs and reduction in circumference of the abdomen and thighs for all skin types. Emsculpt Neo is also cleared for improvement of abdominal tone, strengthening of the abdominal muscles and development of firmer abdomen. Strengthening, toning, firming of buttocks, thighs, and calves. Improvement of muscle tone and firmness, for strengthening muscles in arms.

Dr Ablon will discuss your specific treatment needs. The recommended number of treatments is 4. Each session is 30 minutes, with sessions once a week for HIFEM+RF Advance/Gentle protocol or twice a week for HIFEM Classic protocol. Completing a full treatment series is necessary to maximize treatment efficacy. You may need additional treatments, depending on your goals.

Before treatment, keeping your body well hydrated is recommended. On the day of the session, to avoid excessive sweating, the treated area should be shaved, or hairs should be trimmed at home. Do not put on any lotions or perfumes in the areas to be treated.

I acknowledge that a successful treatment outcome can be affected by smoking, excessive alcohol consumption, eating disorders, or ongoing medication. While no special diet is required, you are encouraged to eat healthy to help promote and maintain results.

During the application, you will feel intense muscle contractions and a heating sensation in the treated area. You may feel an intense heating sensation during the treatment, but it should never be painful. Please ask Dr Ablon or her staff to re-adjust the intensity should you feel any pain. There is no recovery time, and typically, you can get back to your daily routine right after.

I am aware NOT TO wear any metallic accessories (such as jewelry, watch or clothes containing metallic threads or metallic accessories) during the treatment. I also acknowledge that **I do not have any metallic or electronic implants (such as pacemakers, defibrillators, metallic IUDs, etc.) as they are a contraindication to treatment.** Initials: ____.

Treatment considerations

- I am aware pregnancy is contraindicated; pregnant women cannot undergo the treatment. Initials: ____
- I am aware that with every heat-based therapy, in rare cases, burns can occur. Initials: ____
- I understand that there are certain side effects associated with EMSCULPT NEO treatments. The side effects may include, but are not limited to muscular pain, intramuscular fat decrease, temporary muscle

